

Bodhi Tree All Day Menu

Please order at the counter... Kitchen closes at 3pm

We aim to provide a menu with healthy, nutritious and delicious options. Our focus is on local, in season produce and we love to support small producers.



Breakfast (served until 3pm daily)

Smoked NZ Ora King Salmon & Egg Rosti (Gluten Free) \$18.50

Premium fresh smoked salmon from Marlborough Sounds, NZ, served on a potato and corn rosti, topped with two free range poached eggs and fresh citrus.

Optional additions

- add crumbled greek feta 2.50
- add avocado mash 4.20

Poached Eggs (Vegetarian) \$11.00

Always free range, served on ciabatta or rye & sunflower

(gf toast available on request \$1.50)

- add premium smoked NZ Ora King Salmon 6.00
- add avocado mash 4.20
- add thyme infused mushrooms 4.20
- add warm premium leg ham 3.80

Mushroom Rosti (Vegetarian) (gf) \$17.5

Potato, onion & corn rosti topped with warmed mushrooms and crumbled greek feta, finished with fresh herbs, garnished with dressed mesculin greens

- add a poached egg \$3.5
- add avocado mash 4.20

Avocado Open Bagel (Vegan) \$11.50 (gf toast available on request)

Pumpernickel bagel, toasted and brushed with biodynamic lemon pressed olive oil, topped with avocado.

- add a poached egg \$3.5
- add crumbled feta \$2.50
- add premium smoked NZ Ora King Salmon 6.00

Thyme Infused Mushrooms on Toast (Vegan) \$13.50

Served on ciabatta or rye & sunflower toast (gf toast available \$1.50)

- add a poached egg \$3.5
- add crumbled greek feta 2.50

Banana Bread (Vegetarian, Gluten Free) \$9.0

Gently toasted and topped with ricotta and fresh banana, drizzled with premium WA honey

No toppings? Just toasted with a side of butter - \$7.00

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All Day Menu (available until 3pm)

Please order at the counter...

Toast (Vegan) \$7.0

Lightly toasted and served with your choice of premium raw honey or locally made preserves

- Walnut and Sultana Sourdough
- Rye and Sunflower
- Ciabatta



Croissant \$8.5

Premium leg ham and swiss cheese, lightly toasted

- add sliced tomatoes \$1.50

Granola, Fresh Fruit and Yoghurt (Vegetarian) \$12.50 (take-away available - \$9.50)

Dine in, Irrewarra Granola, seasonal fresh fruit and creamy natural yogurt, with pure WA honey

In-house Juices and Smoothies

Cold Pressed Orange Juice \$7.70

Cold Pressed Watermelon, Apple, Strawberry Juice \$7.70

Cold Pressed Sunrise Juice (orange, watermelon, apple, strawberry) \$7.70

Cleanse: Carrot, Apple, Celery \$8.90

Refresh: Apple, Celery, Cucumber \$8.90

Ruby: Beetroot, Carrot, Apple, Celery, Cucumber and Ginger \$8.90

Fruity Mint Smoothie: Blueberries, Banana, Pear, Apple and Mint \$9.80

Choc Banana Smoothie: Almond Milk, Banana, Cacao and Honey \$9.80

Green Smoothie: Spinach, Banana and Apple \$9.80

Lassi: (Mango, Blueberry, Banana or Strawberry) 9.00

Milkshakes: No syrups - Real fruit, Ice cream and Milk 8.00

Banana or Strawberry or Chocolate or Mango or Vanilla

Sparkling mineral water available: 250ml \$3.00 or 750ml \$8.00

Free chilled, filtered water available from our self-service water cooler - anytime

Vegetarian, Gluten free and Vegan options available in our lunch and sweets cabinets

Lunch options are displayed in our food cabinet. Orange tagged items are gluten free.

All Day Menu (available until 3pm)

Please order at the counter...

We aim to provide a menu with healthy, nutritious and delicious options. Our focus is on local, in season produce and we love to support small producers. At times, our preference for organic and premium product choices results in slightly higher costs but we're sure you'll appreciate the difference!



Roast Vegetable Stack (vegan) (gf) \$12.0

Roasted mediterranean vegetables:
eggplant, zucchini, capsicum, pumpkin,
sweet potato and spinach, garnished with
dressed mesculin greens

Tomato & Feta Rosti (vegetarian) (gf) \$14.0

Potato & corn rosti topped with sliced
tomatoes, greek feta and fresh parsley,
garnished with dressed mesculin greens

Tandoori pattie \$13.00

Tandoori chicken and rice pattie, served
warm with a side of mint yoghurt and
garnished with dressed mesculin greens

Mushroom Arancini (vegetarian) \$12.50

Three tasty mushroom arancini balls,
served warm with home-made tomato
chutney and dressed mesculin greens

Wood smoked salmon salad \$18.95

100gms of wood smoked fillet of New Zealand Ora King Salmon - served on mesculin lettuce
with avocado, red onion, cucumber, cherry tomato, Greek feta, fresh lime & balsamic glaze

Chicken and Orange salad \$16.95

Free range roasted breast chicken - served on a bed of fresh lettuce with avocado, red onion,
cucumber, cherry tomatoes, orange segments, Greek feta & citrus dressing

Salad Bowls \$14.00 main size

- Mediterranean zucchini noodles with sun-dried tomatoes, olives, cherry tomatoes, pepita seeds, sunflower seeds and bio-dynamic lemon pressed olive oil (vegan)
- Mixed garden salad - fresh mesculin greens, tomatoes, cucumber, red capsicum, carrot, celery and bio-dynamic lemon pressed olive oil (vegan) or add feta \$1.50
- Salad of the Day - see our cabinet

Add any of the following sides for a
healthier and more substantial meal...
\$7.00 each

- Mediterranean zucchini
- Salad of the day - see our cabinet
- Mixed Garden Salad

** Mesculin greens - mixed lettuce dressed
with local bio-dynamic lemon pressed olive
oil

Lentil Wrap \$9.90 (*vegetarian*)

Lentil and veg pattie with grilled eggplant, grated carrot, spicy eggplant kasundi, cucumber and lettuce - delicious toasted

Chickpea Wrap \$10.90 (*vegan*)

Chickpea and veg pattie with avocado, spicy tomato kasundi, fresh tomato, cucumber and lettuce - delicious toasted

Toasted Salmon Bagel \$12.00

Pumpernickel bagel (rye), premium NZ smoked salmon, cream cheese with chopped capers & baby spinach leaves

Toasted Chicken Bagel \$11.00

Sesame seed bagel, free range breast chicken, avocado and our home-made tomato relish, lightly toasted

Assorted Sandwich Medley \$9.00

Light and tasty medley of delicate sandwich fingers on wholemeal bread

*Egg & Lettuce * Ham & Dijon mustard * Cucumber & Cream Cheese * Tuna, Red Onion & Mayo*

Vegetarian Sandwich \$9.00

Swiss cheese, tomato and spinach sandwich on Rye & Sunflower bread, available fresh or toasted

- *Add ham \$1.00*

Tuna Toastie \$9.50

Tuna, red onion, swiss cheese and spinach - lightly toasted on your choice of ciabatta or rye and sunflower bread

Toasted Savoury Muffins

- *Pumpkin, Feta cheese and Spinach \$7.00 (*vegetarian*)*
- *Pepita seed, Spinach, Onion, Sundried Tomato and Cheese (*vegetarian*) (gf) \$8.00*

(gf) gluten free option



Add any of the following sides for a healthier and more substantial meal... \$7.00 each

- *Mediterranean zucchini*
- *Salad of the Day*
- *Mixed Garden Salad*

Hot Beverages

We choose to use Bannister Downs Full Cream milk for its premium quality and holistic farming practices. We also have Bannister Downs All-Lite (skim) or Gluten Free Soy (Vitasoy), Almond milk or Coconut milk available on request (soy, coconut and almond all **extra .70c**) Rice Malt Syrup (honey substitute) also available.



Our Coffee is a Fair Trade and Organic Blend

Cappuccino	\$4.30	Espresso	\$3.00
Flat White	\$4.30	Short Macchiato	\$4.00
Latte	\$4.30	Long Macchiato	\$4.50
Long Black	\$4.30		
Upgrade to MUG	\$0.90		

Hot Chocolate (<i>gf</i> cacao, not syrup)	\$5.00
Mocha (<i>gf</i> cacao & coffee)	\$5.00
Babycino with marshmallow	\$2.30

Chai Latte (<i>gf</i> Soy Milk Latte pre-brewed on loose leaf chai tea leaves & spices)	\$5.00
Dirty Chai (<i>gf</i> Soy Chai Latte as above with a shot of espresso coffee)	\$5.00

Coloured Lattes (*gf* and served on *almond* milk, unless requested otherwise)

Green - Matcha Latte	\$5.50	Red - Rooibos Latte, espresso brewed	\$5.50
Yellow- Turmeric Latte	\$5.50	Purple - Chocolate Beetroot Latte	\$5.50
Pink - Beetroot Latte	\$5.50		

Our Teas, served with a cup & saucer, extra hot water available for free

Pot for 1 - \$4.50 or Pot for 2 - \$8.00

English Breakfast	Peppermint
Earl Grey	Chamomile
Spiced Chai	Jasmine Green
Ginger Lemongrass	Traditional Green

Tea Infusers

African Solstice (Rooibos & sweet berries: infuser served with a mug)

Other Infusions: with amazing health benefits \$5

Greek Mountain Tea (organic)

Apple Cider Vinegar with fresh lemon juice and organic honey

GLH - our signature drink, fresh ginger, lemon slices and organic honey

Free chilled, filtered water available from our self-service water cooler -*anytime*